

P1 Junior School Measurements

P2-3 Middle School and Junior Secondary

P4-6 Senior School Measurements

How to use garment measurements. All measurements given in centimetre (cm).

Take a garment you already wear that fit well. Lay garment flat on a table or level surface and measure your garment to compare.

1/2 Chest

1/2 Chest

Measure across chest, about one inch (± 3 cm) under the arms.

This measurement is only one side of garment, thus called half chest or 1/2 chest.

1/2 Waist

1/2 Waist

Measure across top of the garment, ensuring the front and back of garment is directly on each other. (If applicable: Elastic not stretched, but relaxed.)

This measurement is only one side of garment, thus called half waist or 1/2 waist.

Length - bottoms

Length -Short, trouser, skirt, culotte

Measure garment from top to bottom hem (including waistband / hem) at outer leg, unless stated otherwise.

Length - tops

Length - Shirt, blouse, fleece, jacket

C/B Length (down from centre back neck seam to bottom of garment)

Garment Measurements - Junior School

(Guideline only, measurements are approximate cm across flat - lying garment.)

Junior Polo Shirt

Size	4	6	8	10	12	14	S	M
1/2 Chest	39	41	43	45	47.5	50	55	57.5
Length	51	54.5	57.5	61	64	67	71	73

Junior Shorts

Size	2	4	6	8	10	12	14	16
1/2 Waist	24	26	28	30	32	34	36	38
Length	32	35	38	41	44	46.5	48.5	50.5

Culottes

Size	2	4	6	8	10	12	14	16
1/2 Waist	24	26	28	29	30	31	32	34
Length	41	44	47	50	53	56	59	62

Polar Fleece Jacket

Size	4	6	8	10	12	14	S	M
1/2 Chest	39.5	43	46	50	51.7	54	56.7	59
Length	50	55	60	65	70	70	75	75

PE T Shirt

Size	K6	K8	K10	K12	K14	K16	S	M
1/2 Chest	35.5	38	39	43.5	46	48	52	55
Length	52	55	58	61	64	70	74	78

PE Short

Size	K6	K8	K10	K12	K14	K16	S	M
1/2 Waist	27	28	30	31.5	33	34.5	36	37.5
Length	36.5	38	39.5	41	42.5	44	45.5	47

School Jacket

Size	K4	K6	K8	K10	K12	K14	S	M
Front Length	47	51	55	59	63	67	70	72
1/2 Chest	36	38.5	41	44	47	50	54	57
Sleeve Length	48	52.5	57	62.5	68.5	73	79	80.5

Garment Measurements - Middle School and Jr Secondary

(Guideline only, measurements are approximate cm across flat-lying garment.)

Ladies fit blouse - Sky Blue

Size	4	6	8	10	12	14	16	18	20	22	24
1/2 Chest	39	42	44	47	49	52	54	59	62	64	67
1/2 Waist	34	37	39	42	44	47	49	54	57	59	62
Length	59	60	61	62	63	64	66	67	68	69	70

Boys Shirt - Sky Blue

Size	8 (old style)	10 (old style)	12	14	16	S	M	L	XL	2XL
1/2 Chest	47	48	47.0	49.5	52.0	53.5	56.0	58.5	61.0	63.5
1/2 Waist	46	48	46.5	49.0	51.5	53.5	56.0	58.5	61.0	63.5
Length	57	61	64.0	68.0	71.0	74.0	75.0	76.0	77.0	78.0

Skirt - Knee Length

Size	52cm	57cm	62cm	67cm	72cm	77cm	82cm	87cm	92cm
1/2 Waist	26	29	31	34	36	39	41	44	46
1/2 Hip - bottom of pleats	42	44	47	49	52	54	57	59	62
Length	55	55	55	55	57	57	57	57	59

Ladies fit trouser - Optional

Size	4	6	8	10	12	14	16	18	20	22	24
1/2 Waist	30	32	35	37	40	42	45	47	50	52	55
1/2 Hip	44	46	49	51	54	56	58	61	63	66	68
Length	104	104	104	105	105	106	106	107	108	108	109

Zip n Tab Shorts

Size	10	12	14	16	76	80	84	88	92	96	100	104
1/2 Waist	33	35	37	38	38	40	42	44	46	48	50	52
Length - below band	44	47	50	53	56	57	58	59	60	61	62	63

Trousers - Boys

Size	14	16	76	80	84	88	92	96	100
1/2 Waist	37	38	40.0	42.0	44.0	46.0	48.0	50.0	52.0
Length (below band)	100.0	103.0	109.0	109.6	110.3	110.9	111.5	112.1	112.7

PE T-Shirt

Size	K10	K12	K14	K16	S	M	L	XL	XXL
1/2 Chest	38	43.5	46	48	52	55	59	62	67
Length	58	62	64	70	74	78	81	82	82

PE Short

Size	K10	K12	K14	K16	S	M	L	XL	XXL
1/2 Waist in cm	30	31.5	33	34.5	36	37.5	39	20.5	22
Length	39.5	41	42.5	44	45.5	47	48	49	50

School Jacket

Size	K8	K10	K12	K14	S	M	L	XL	2XL
Front Length	55	59	63	67	70	72	74	76	78
1/2 Chest	41	44	47	50	54	57	60	63	66
Sleeve Length	57	62.5	68.5	73	79	80.5	82	83.5	85

Woollen Jersey

Size	34	36	38	40	42	44	46
Real chest (not garment)	87cm	92cm	97cm	102cm	107cm	112cm	117cm
1/2 Chest	43.5	46	48.5	51	53.5	56	58.5

Middle School Polar Fleece – only Year 7-9

Size	8	10	12	14	S	M	L	XL
1/2 Chest	46	49.0	52.0	55.0	57.0	59.0	62.0	65.0
Length	52	57.0	62.0	67.0	69.0	71.0	73.0	75.0

Garment Measurements – Senior School

(Guideline only, measurements are approximate cm across flat - lying garment.)

Ladies fit blouse - White Short Sleeve

Size	4	6	8	10	12	14	16	18	20	22	24	26
1/2 Chest	39	42	44	47	49	52	54	59	62	64	67	69
1/2 Waist (15cm below arm)	34	37	39	42	44	47	49	54	57	59	62	64
Length	59	60	61	62	63	64	66	67	68	69	70	71

Senior Long Sleeve shirt (slim fit) - Summer and Winter

Size	14	16	S	M	L	XL	2XL	3XL	4XL	5XL
1/2 Chest	49.5	52.0	53.5	56.0	58.5	61.0	63.5	66.0	68.5	71.0
1/2 Waist	46.0	48.5	50.5	53.0	55.5	58.0	60.5	63.0	65.5	68.0
Length	74.0	77.0	80.0	81.0	82.0	83.0	84.0	85.0	86.0	87.0
Sleeve (incl. cuff)	57.0	60.0	63.0	64.0	65.0	66.0	67.0	68.0	69.0	70.0

Skirt - Knee Length

Size	52	57	62	67	72	77	82	87	92	97	102
1/2 Waist	26	29	31	34	36	39	41	44	46	49	51
1/2 Hip - bottom of pleats	42	44	47	49	52	54	57	59	62	64	67
Length	55	55	55	55	57	57	57	57	59	59	59

Skirt - mid calf - worn below waist - Optional

Size	4	6	8	10	12	14	16	18	20	22	24	26
1/2 Waist	31	33	36	38	41	43	46	48	51	53	56	58
1/2 Hip	45	47	50	52	55	57	60	62	65	67	70	72
Length	72	72	72	72	74	74	74	74	76	76	76	76

Ladies fit trouser - Optional

Size	4	6	8	10	12	14	16	18	20	22	24
1/2 Waist	30	32	35	37	40	42	45	47	50	52	55
1/2 Hip	44	46	49	51	54	56	58	61	63	66	68
Length	104	104	104	105	105	106	106	107	108	108	109

Senior Shorts

Size	76	80	84	88	92	96	100	104
1/2 Waist	41	43	45	47	49.0	51.0	53.0	55.0
1/2 Hip (end of pocket)	53.2	55.1	57.1	59.1	61.1	63.1	65.1	67.1
Length (below band)	46.3	46.9	47.5	48.1	48.7	49.3	49.9	50.5

Trousers Boys fit - Optional

Size	76	80	84	88	92	96	100	104
1/2 Waist	40.0	42.0	44.0	46.0	48.0	50.0	52.0	54.0
Length (below band)	109.0	109.6	110.3	110.9	111.5	112.1	112.7	113.4

PE T Shirt

Size	K10	K12	K14	K16	S	M	L	XL	XXL
1/2 Chest	38	43.5	46	48	52	55	59	62	67
Length	58	62	64	70	74	78	81	82	82

PE Short

Size	K10	K12	K14	K16	S	M	L	XL	XXL
1/2 Waist in cm	30	31.5	33	34.5	36	37.5	39	20.5	22
Length	39.5	41	42.5	44	45.5	47	48	49	50

School Jacket

Size	K12	K14	S	M	L	XL	2XL
Front Length	63	67	70	72	74	76	78
1/2 Chest	47	50	54	57	60	63	66
Sleeve Length	68.5	73	79	80.5	82	83.5	85

Woollen Jersey

Size	34	36	38	40	42	44	46
Real chest (not garment)	87cm	92cm	97cm	102cm	107cm	112cm	117cm
Half Chest	43.5	46	48.5	51	53.5	56	58.5

Girls Blazer

Size	6	8	10	12	14	16	18	20	22
1/2 Chest	42	44.5	47	49.5	52	54.5	57	59.5	62
Length	70	70.5	71	71.5	72	72.5	73	73.5	74
Across shoulder	36	37.5	39	40.5	41.5	42.5	43.5	44.5	45.5

Boys Blazer

Size	80	84	88	92	96	100	104	108	112	116	120
1/2 Chest	46	48	50	52	54	56	58	60	62	64	66
Length	76	76.5	77	77.5	78	78.5	79	79.5	80	80.5	81
Across shoulder	42	43	44	45	46	47	48	49	50	51	52