



## THE 2024 MONS ROYALE AUCKLAND SCHOOLS MOUNTAIN BIKE CHAMPIONSHIPS

| Race  | Event Date       | Venue                               |
|-------|------------------|-------------------------------------|
| 1 XCO | Sunday March 10  | Riverhead (am)                      |
| 2 XCO | Sunday May 5     | Hunua Regional Park (tbc)           |
| 3 XCO | Sunday June 23   | Totara Park                         |
| 4 XCO | Sunday August 4  | Waitawa Regional Park               |
| 5 XCO | Sunday August 18 | Woodhill Forest                     |
| 5XCR  | Sunday August 18 | Woodhill (pm) – Relay (teams) event |

Entry close off dates will be published on the Auckland Mountain Bike Club website:

<https://aucklandmtb.co.nz/schools/>

### Covid19 – Requirements

You must stay home if you have any signs or symptoms of Covid-19 (e.g. fever, runny nose, cough, sore throat). This will include coaches, managers and any support staff.

### SERIES INFORMATION & RULES

All the information regarding the Race Series is on the web page

<https://aucklandmtb.co.nz/schools/>

and on the Auckland Mountain Bike Club Facebook page

**COST: \$30.00 PER RACE (if AMBC member) \$40 non-members**

(advantages of joining Auckland Mountain Bike Club (AMBC) via the Hivepass app will be published on our AMBC Facebook page shortly)

## Volunteers

Parents are required to volunteer to help at LEAST ONE of the race series events. We may need you to do more though, let's see how we go.

Ideally, we like to have enough marshals so that you only have to cover ONE race on the day and then swap over with someone else. **We had achieved this most of the time in 2023**, BUT have had to put the call out for marshals for 'race 2' (U16, U17, U20 males and all female riders).

## School Team Managers & Health and Safety

You will find on the AMBC website:

1. The [Roles document](#) (e.g. information on what the Team Manager needs to do)
2. The [EOTC form](#) (excel spreadsheet you can use to keep track of the school's riders)
3. A generic RAMs document will be attached to email and put on our AMBC Facebook page (RAMs – Risk Assessment and Mitigation)

See information for details on **Marshal Position and Hazards** (see separate document on website / Facebook). **School Team Managers are required to discuss these with all those racing – preferably before race day.**

Attach the race number to the front of the bike, taking care not to bend or tear the sticker on the back as this is the timing chip.

## School Gazebos

There will be plenty of room in the event village for you to erect a school shelter. Please do so in the area where you are directed to so that we are efficient with the space we have to work with.

## Spectators – Parent Briefing

There are lots of places to see the racing so spread yourselves out along the course but DO NOT cross any of the trails once Race 1 has started. Follow Marshal instructions. Causing an accident will spoil everyone's day.

Remember, you wouldn't wander onto a sports field while a game is in progress so don't do that here please. It is dangerous and disrespectful to those racing.

Providing food and drink to those racing MUST be done in the designated zone (See Event Village plan). This is FAIR and for the SAFETY of you and the riders. Failure to follow this rule will lead to disqualification.

It shouldn't need to be said but ANY ABUSIVE language or behaviour towards volunteers is not wanted and will not be tolerated. You will be excluded from the event. Remember, everything we do has the fun and safety of ALL those attending in mind.

## Rider Registration

Riders will use the OFFICIAL race plate they have already been issued. It is used for all races in the Series. Those who haven't received their race number plate will be issued their race plate at registration.

**Only one person from each school needs to attend registration – preferably the School Team Manager.**

## ENTERING (rider registration)

- (a) **Riders need to race within their age group. Riders cannot ride up an age group.**
- (b) Entries to be completed by ALL riders as individuals (School Managers can do multi rider entries).
- (c) Entries will close at midnight on the Tuesday before each race. No entries will be taken after this close.
- (d) Entries are confirmed only once payment has been made (an invoice is issued when entering)
- (e) Supervising adults are responsible for ensuring that competitors are aware of the rules and hazards at each race.
- (f) **Entry Fee is \$30.00 (AMBC members) or \$40 non AMBC members for each per race. Note, if families join Auckland Mountain Bike Club, the entry price will be significantly lower (\$30 per race and discounted entry to all AMBC events).**
- (g) Entry information, RAMs documents and course information (with hazards identified) will be available on the Auckland Mountain Bike Club [website](#)

## Age Divisions

Under 13 (male and female), Under 14 (male and female), Under 15 (male and female), Under 16 (male and female), Under 17 (male and female) & Under 20 (male and female)

*Note: the Division measure date is the age of the rider as at 31 December in the year of racing. If for example a rider is 16 years old on or before the 31 December, then they are an U17 rider*

## XCO Races - INDIVIDUALS: POINTS TABLE (for each race)

|                  |    |                  |    |                  |    |                    |    |
|------------------|----|------------------|----|------------------|----|--------------------|----|
| 1 <sup>st</sup>  | 60 | 11 <sup>th</sup> | 33 | 21 <sup>th</sup> | 23 | 31 <sup>th</sup>   | 13 |
| 2 <sup>nd</sup>  | 54 | 12 <sup>th</sup> | 32 | 22 <sup>th</sup> | 22 | 32 <sup>th</sup>   | 12 |
| 3 <sup>rd</sup>  | 49 | 13 <sup>th</sup> | 31 | 23 <sup>th</sup> | 21 | 33 <sup>th</sup>   | 11 |
| 4 <sup>th</sup>  | 45 | 14 <sup>th</sup> | 30 | 24 <sup>th</sup> | 20 | 34 <sup>th</sup>   | 10 |
| 5 <sup>th</sup>  | 42 | 15 <sup>th</sup> | 29 | 25 <sup>th</sup> | 19 | 35 <sup>th</sup>   | 9  |
| 6 <sup>th</sup>  | 40 | 16 <sup>th</sup> | 28 | 26 <sup>th</sup> | 18 | 36 <sup>th</sup>   | 8  |
| 7 <sup>th</sup>  | 38 | 17 <sup>th</sup> | 27 | 27 <sup>th</sup> | 17 | 37 <sup>th</sup>   | 7  |
| 8 <sup>th</sup>  | 36 | 18 <sup>th</sup> | 26 | 28 <sup>th</sup> | 16 | 38 <sup>th</sup>   | 6  |
| 9 <sup>th</sup>  | 35 | 19 <sup>th</sup> | 25 | 29 <sup>th</sup> | 15 | 39 <sup>th</sup>   | 5  |
| 10 <sup>th</sup> | 34 | 20 <sup>th</sup> | 24 | 30 <sup>th</sup> | 14 | 40 <sup>th</sup>   | 4  |
|                  |    |                  |    |                  |    | 41 <sup>th</sup>   | 3  |
|                  |    |                  |    |                  |    | 42 <sup>th</sup>   | 2  |
|                  |    |                  |    |                  |    | 43 <sup>th</sup> - | 1  |

The overall individual champion from each age group will be the competitor with the most points using the following format;

| Number of Races actually run | Number of races the Series Total will be based on |
|------------------------------|---|
| 5                            | best 4 scores                                     |
| 4                            | best 3 scores                                     |
| 3                            | all 3 scores                                      |
| 2 or 1 or 0                  | NO SERIES RESULTS                                 |

Riders can compete as individuals and as part of a team (i.e. representing their school in top school trophies). The best four results from each school, from any age group, from EACH of the Series races, will be tallied to produce the top Male, Female, Co-Ed and Intermediate School teams.

## XC Races (relay) TEAMS (see separate document)

Best Male Secondary School

Best Female Secondary School

Best Co-Ed Secondary School and

Best Intermediate School

## Guest Riders (from outside the Auckland Region).

Riders from outside of Auckland can compete in the Series but get no points for their result. They will be on the podium if they finish 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> but the next Auckland rider will be given the points and every rider after the points for one place higher.

The top three Auckland School riders in each race will be announced but there will be no separate podium ceremony.

## PRIZEGIVING

Any rider taking a place on the podium must be considerate of our Sponsor Mons Royale and avoid wearing clothing showing a competitor logo or brand marking. It is a school competition so we ask that students represent their school on the podium by wearing school sports uniform.

## RACE COURSE

The race will follow a multi-lap format with each lap taking approximately 30 minutes to complete for the average rider. The same course will be used by all competitors and so is designed to cater for beginners through to experienced riders. Senior competitors will complete a greater number of laps than the Intermediates. The course will normally be marked for practice from approx. **2pm, the Saturday before each race**. Once the course is set up this is the course that will be raced, unless the Event Manager determines otherwise on race day.

**The expected number of laps** (each about 5 to 6km) for each age group are 2 laps for the U13, U14 & U15; 3 laps for the U16, U17; 4 laps for U20. **TBC on race day**

### 'Lapping out'. This will be based on times to give most riders a reasonable chance of finishing the race

No riders will be able to start a new lap after a fixed time has elapsed

- a. Under 13s, Under 14s, and Under 15s will not be able to start their second lap if their first lap has taken more than 45 minutes.
- b. Under 16s and Under 17s no new laps after 70 minutes from the start.
- c. Under 20s no new laps after 90 minutes from the start.

## TWO separate races will be run.

**Race 1** will be for MALE: U13, U14, and U15 riders, starting at approximately 10.15am.

**Race 2** will be for MALE U16, U17 and U20 riders, and ALL FEMALE starting at approximately 11.45am.

## DIRECTIONS:

Check the Auckland Mountain Bike Club Facebook page for details leading up to each race

## (Typical) Timetable

7.30am Event Crew on site

8.00am Schools set up gazebos etc. at the Event Village.

9.00am Registration opens (*NB School Team Manager only to do registrations where possible*)

**9.20am Marshall Briefing for Race 1 and move to positions**

10.00am Race Briefing for Race 1 riders.

**10.15am Race 1 start** [U15B, U14B, U13B, approx. 3 minute gaps]

11.00am Race 1 – no new laps started

**11.00am Marshall Briefing for Race 2 and move to positions**

11.30am Race Briefing for Race 2 riders.

**11.45am Race 2 start** [U20B, U17B, U16B, U20G, U17G-U13G, approx. 2 minute gaps]

1.05pm Race 2 no new laps.

1.45pm All Race 2 riders expected to have finished

2.00pm (approx.) Race Results Presentations & lunch.

2.30pm (approx.) Spot prizes (must be present to win a spot prize]

2.45pm (approx.) Pack up

*NOTE times will be earlier for the day that also has the XCR Champs (Relay). For example, Race 1 might start at 8.30am.*

## Food and Drink

A coffee van will be onsite – we recommend small denomination notes and coins AND bring your own cup to save on waste.

There should be a school running a BBQ, so small denomination notes and coins would be a good idea.

**Please do NOT bring and use your own BBQ – you do not have consent from the Council in our Permit for this, to meet Health and Safety requirements etc.**

## RULES

The event is run under Cycling New Zealand Schools Rules and the MTBNZ Protective Equipment Guidelines.

Please see our Policy document available on the Auckland Mountain Bike [website](#)

## SAFETY

Please take note of the following:

- We advise all competitors to have their bikes thoroughly checked by an expert prior to the event (visit your local bike store).
- Bikes must be in good working order with functional front and rear brakes.
- A NZ *Standards* approved hard shell helmet must be worn (competitors will not be permitted to ride with helmets that are deemed to be unsafe).
- While not compulsory, gloves and eye protection are strongly recommended.
- The organisers also recommend that each competitor carry at least 500mls of water. There will be a designated *feedzone* for competitors who wish to be fed during the race.
- Please, no dogs or smoking at the events.

## WAIVERS

As a condition of entry you are required to acknowledge your responsibilities as rider and team manager.

## FAIRPLAY

This event recognises the Fair Play Charter. Competitors must not use offensive or abusive language, act in any anti-sporting manner, be disrespectful to the officials, or ignore race regulations. Race regulations include, among others, no short cutting of the course and no deliberate obstructing a faster rider from overtaking.

## SPORTSMANSHIP

Sportsmanship is important at any level of Mountain biking. We highly encourage you to watch out for your fellow riders, whether they be your team mates or not. Remember if someone yells 'rider on your right' please allow them to pass at the next possible spot that you deem is safe for yourself, and the fellow rider to pass. **Do not deliberately hold up a rider who wants to pass.**

## PLEASE NOTE

- **Each school represented must have at least 1 adult on site during the event.**
- **Wearing school colours is preferred.** If the School does not have a mountain bike uniform then PE shirt will suffice.

## ABANDONMENT OF EVENT (pulling out of the race)

Please tell your students that if for some reason they cannot finish the event they must tell a race Official.

## RESULTS

- Interim results will be announced on the day.
- Please note these are provisional and any **queries are to be made by the Team Manager only** directly to the Event Manager.
- Official results will be posted to Auckland Mountain Bike Club website <https://aucklandmtb.co.nz/schools/> and Facebook page

## FIRST AID

- Event First aid will be provided at each race by a qualified medic.
- There will be an aid base station at the venue if you require assistance when not racing.
- **In an Emergency call 111**

## CANCELLATIONS

- The organisers reserve the right to cancel one or more of the events in the case of adverse weather conditions.
- Any contingency plans will be announced via Facebook.
- ***Please note that any decisions with respect to refunds will be at the Committee's discretion.***

## Damage

Any repair or damage caused may be on-charged to cover costs associated with these works. Please respect the venue!

## Rubbish

As with all our events, take your rubbish with you when you leave.

## Leaving after the Race

There are no restrictions on departure other than to make sure you do not interfere with any races in progress. Of course, the kids love prizegiving and especially the spot prizes so please consider staying to the end.