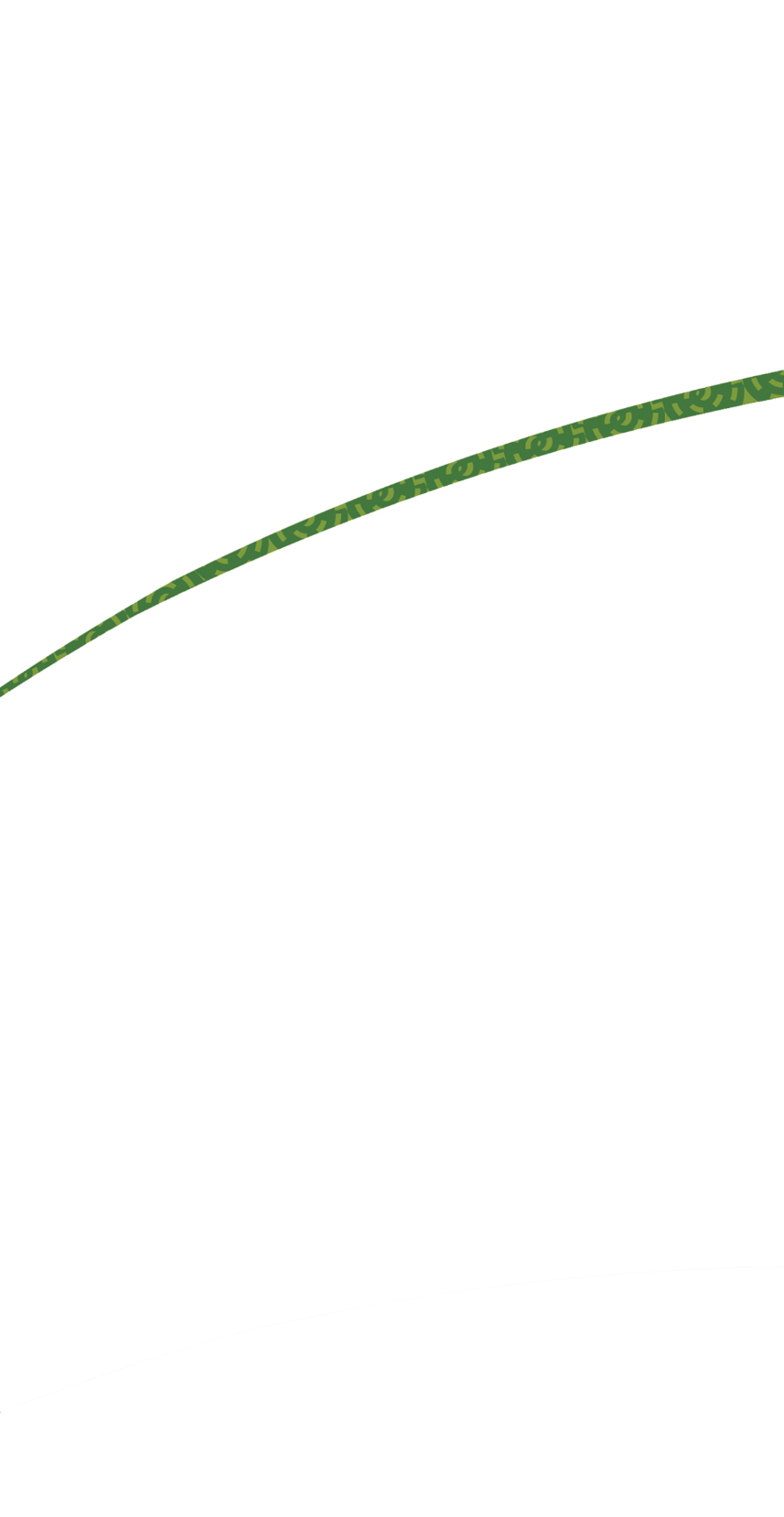
|  |  |  |
| --- | --- | --- |
| Basketball years 7 and 8 This league also has graded divisions to ensure the top teams do not play against the newer teams.   * All of the rules of Basketball are called in this league including the 3 second rule. This is when an attacking player is in the shooting key for more than 3 seconds without moving out of the key with both feet, therefore gaining an unfair advantage for their team. * Teams also have only 8 seconds to dribble or pass the ball over the halfway line. * No zonal defenses are allowed in this league. * Individual and team fouls are called and recorded by our Referees. * When taking free throws in this league, the player must not jump and land over the free throw line before the ball hits the hoop. * We begin the game with a toss, thereafter it is alternate possession. For any unsighted ball, alternate possession applies. * We support parents/coaches cheering from the sideline (only positive comments please). |  | Basketball years 9-11 This league also has graded divisions to ensure the top teams do not play against the newer teams.   * All of the rules of Basketball are called in this league including the 3 second rule. This is when an attacking player is in the shooting key for more than 3 seconds without moving out of the key with both feet, therefore gaining an unfair advantage for their team. * Teams also have only 8 seconds to dribble or pass the ball over the halfway line. * No zonal defenses are allowed in this league. * Individual and team fouls are called and recorded by our Referees. * When taking free throws in this league, the player must not jump and land over the free throw line before the ball hits the hoop. * We begin the game with a toss, thereafter it is alternate possession. For any unsighted ball, alternate possession applies. * We support parents/coaches cheering from the sideline (only positive comments please). |

Basketball Guidelines

Stanmore Bay Pool   
and Leisure Centre

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Phone 09 424 9227 or visit **aucklandleisure.co.nz** |  |  | Phone 09 424 9227 or visit **aucklandleisure.co.nz** |  |



|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  |  |  |

